



**ZIMBABWE**

**MINISTRY OF HIGHER AND TERTIARY EDUCATION,  
INNOVATION, SCIENCE AND TECHNOLOGY DEVELOPMENT**

**HIGHER EDUCATION EXAMINATIONS COUNCIL  
(HEXCO)**

**NATIONAL CERTIFICATE**

**IN**

**ASSISTANT NURSE**

**MODULE: Nursing Theory and Practice 2      PAPER NO: 352/24/M08**

**DURATION: 3 hours**

**JUNE 2026 EXAMINATION**

**REQUIREMENTS**

**INSTRUCTIONS TO CANDIDATE**

- 1. Section A: Answer all questions.**
- 2. Section B: Answer any three (3) questions.**

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*This paper consists of 3 printed pages.*

**SECTION A**

**Answer all questions.**

**QUESTION 1**

(2 marks)

- a) Define health assessment. (18 marks)
- b) Identify and explain six (6) purposes of health assessment.

**QUESTION 2**

(20 marks)

Examine any five (5) ethical principles in health assessment.

**SECTION B**

**Answer any three (3) questions.**

**QUESTION 3**

- a) Describe the use of the following assessment equipment highlighting one (1) use for each equipment.

- |      |                  |           |
|------|------------------|-----------|
| i)   | Sphygmomanometer | (3 marks) |
| ii)  | Snellen's chart  | (3 marks) |
| iii) | Patella hammer   | (3 marks) |
| iv)  | Stethoscope      | (3 marks) |
| v)   | Scale            | (3 marks) |

- b) List five (5) examples of urinary conditions. (5 marks)

**QUESTION 4**

- a) Outline five (5) rights of a patient. (10 marks)
- b) state any five (5) vital observations. (5 marks)
- c) Identify five (5) endocrine conditions. (5 marks)

QUESTION 5

- a) Describe the following physical examination techniques:
- i) Inspection (3 marks)
  - ii) Percussion (3 marks)
  - iii) Palpation (3 marks)
  - iv) Auscultation (3 marks)
- b) Identify eight (8) key steps to be followed when making an occupied bed in a ward. (8 marks)

QUESTION 6

- a) Highlight four (4) standard precautions for HIV infection control. (12 marks)
- b) Outline two (2) guidelines for ART initiation. (4 marks)
- c) Identify four (4) non-pharmacological management of diseases. (4 marks)

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(HEXCO)**

**NATIONAL CERTIFICATE**

**IN**

**ASSISTANT NURSE**

**MODULE: Maternal and Child Health**

**PAPER NO: 352/22/M04  
352/24/M04**

**DURATION: 3 Hours**

**JUNE 2026 EXAMINATION**

**REQUIREMENTS**

**INSTRUCTIONS TO CANDIDATE**

- 1. Section A: Answer all questions.**
- 2. Section B: Answer any three (3) questions.**

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*This paper consists of 3 printed pages.*

## SECTION A

### QUESTION 1

Write notes on the following:

- a) male condom (10 marks)
- b) exclusive breast feeding (10 marks)

### QUESTION 2

Describe the health education that a nurse would give to mothers on their booking visit. (20 marks)

## SECTION B

### QUESTION 3

A 25 year old woman weighing 55kg sustain hot water burns of the anterior and posterior trunk.

- a) Outline the Wallace rule of nines. (10 marks)
- b) Using the Parkland's formula, calculate the fluid replacement for this woman in the first 24 hours and illustrate how the fluid is given. (10 marks)

### QUESTION 4

Outline the permanent methods of family planning. (20 marks)

### QUESTION 5

Write notes on the following:

- a) Depo Provera (10 marks)
- b) Incomplete abortion (10 marks)

PAPER NO: 352/22/M04

352/24/M04 – MATERNAL AND CHILD HEALTH

QUESTION 6

Describe the physiological changes that occur in pregnancy under the following headings:

- |                       |           |
|-----------------------|-----------|
| a) Respiratory system | (5 marks) |
| b) Urinary system     | (5 marks) |
| c) Digestive system   | (5 marks) |
| d) Skeletal system    | (5 marks) |

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**NATIONAL CERTIFICATE**

**IN**

**ASSISTANT NURSE**

**MODULE: Nursing Theory and Practice 1      PAPER NO: 352/24/M07**

**DURATION: 3 Hours**

**JUNE 2026 EXAMINATION**

**REQUIREMENTS**

**INSTRUCTIONS TO CANDIDATE**

1. Answer all questions in Section A.
2. Answer three (3) questions in Section B.

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*This paper consists of 3 printed pages.*

**SECTION A**

**Answer all questions.**

**QUESTION 1**

Explain the roles of a nurse to the following:

- a) Community (5 marks)
- b) Patient (5 marks)
- c) Employer (5 marks)
- d) Medical practitioners (5 marks)

**QUESTION 2**

- a) Define the following terms:
  - i) Grooming (2 marks)
  - ii) Stratification (2 marks)
  - iii) Motivation (2 marks)
  - iv) Public health (2 marks)
  - v) First aid (2 marks)
- b) Briefly explain on five (5) methods to prevent pressure sores. (10 marks)

**SECTION B**

**Answer any three (3) questions.**

**QUESTION 3**

Elaborate on any five (5) methods of sterilization of equipment. (20 marks)

**QUESTION 4**

Outline the importance of studying sociology in nursing. (20 marks)

**QUESTION 5**

Examine the history of nursing in Zimbabwe. (20 marks)

**QUESTION 6**

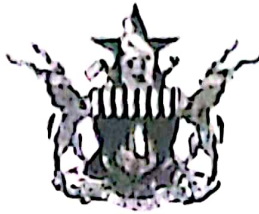
a) Give meaning of the following abbreviations:

- |      |       |          |
|------|-------|----------|
| i)   | Mane  | (1 mark) |
| ii)  | Nocte | (1 mark) |
| iii) | Bd    | (1 mark) |
| iv)  | QID   | (1 mark) |
| v)   | SC    | (1 mark) |

b) State any five (5) rules of bed making. (5 marks)

c) Outline five (5) types of bandages. (10 marks)

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**IN**

**ASSISTANT NURSE**

**MODULE: Maternal and Child Health**

**PAPER NO: 352/22/M04  
352/24/M04**

**DURATION: 3 Hours**

**JUNE 2026 EXAMINATION**

**REQUIREMENTS**

**INSTRUCTIONS TO CANDIDATE**

- 1. Section A: Answer all questions.**
- 2. Section B: Answer any three (3) questions.**

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*This paper consists of 3 printed pages.*

**SECTION A**

QUESTION 1

Write notes on the following:

a) male condom

(10 marks)

b) exclusive breast feeding

(10 marks)

QUESTION 2

Describe the health education that a nurse would give to mothers on their booking visit.

(20 marks)

**SECTION B**

QUESTION 3

A 25 year old woman weighing 55kg sustain hot water burns of the anterior and posterior trunk.

a) Outline the Wallace rule of nines.

(10 marks)

b) Using the Parkland's formula, calculate the fluid replacement for this woman in the first 24 hours and illustrate how the fluid is given.

(10 marks)

QUESTION 4

Outline the permanent methods of family planning.

(20 marks)

QUESTION 5

Write notes on the following:

a) Depo Provera

(10 marks)

b) Incomplete abortion

(10 marks)

PAPER NO: 352/22/M04

352/24/M04 – MATERNAL AND CHILD HEALTH

QUESTION 6

Describe the physiological changes that occur in pregnancy under the following headings:

- |                       |           |
|-----------------------|-----------|
| a) Respiratory system | (5 marks) |
| b) Urinary system     | (5 marks) |
| c) Digestive system   | (5 marks) |
| d) Skeletal system    | (5 marks) |

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**NATIONAL CERTIFICATE**

**IN**

**NURSING ASSISTANT**

**MODULE: Patient Care II**

**PAPER NO: 352/22/M03**

**DURATION: 3 Hours**

**MAY/JUNE 2024 EXAMINATION**

**REQUIREMENTS**

**INSTRUCTIONS TO CANDIDATE**

1. Answer any five questions.
2. Do not write your name on answer sheets
3. Do not write in the margin.

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*This paper consists of 3 printed pages.*

PAPER NO: 352/22/M03 – PATIENT CARE II

QUESTION 1

- (a) Define the following terms:-
- (i) Pharmacology (2 marks)
  - (ii) Pharmacokinetics (2 marks)
- (b) State one source of a drug and give an example. (2 marks)
- (c) Write the following notes on hydrocortisone
- (i) Drug classification (1 mark)
  - (ii) List any two indications for administering hydrocortisone. (2 marks)
  - (iii) Outline three side effects of hydrocortisone. (3 marks)
  - (iv) State three nursing considerations in the use of hydrocortisone. (3 marks)
  - (v) List one drug in the same class as hydrocortisone. (1 mark)
- (d) Describe the mode of action of non steroidal anti-inflammatory drugs (NSAIDs). (4 marks)

QUESTION 2

- (a) Define the following terms:
- (i) Palliative care (2 marks)
  - (ii) Terminal illness (2 marks)
- (b) List any five conditions that are in the target group for palliative care (5 marks)
- (c) State the roles of palliative care. (5 marks)
- (d) Describe any three goals of palliative care. (6 marks)

QUESTION 3

Describe how you would bath a patient methodically. (20 marks)



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PAPER NO: 352/22/M03 – PATIENT CARE II

QUESTION 4

- (a) Define health assessment. (10 marks)
- (b) Give ten complications of a dirt mouth. (10 marks)

QUESTION 6

Write short notes on the following drugs

- (a) amoxycillin (10 marks)
- (b) pethidine (10 marks)

QUESTION 7

Describe the four techniques used in physical examination. (20 marks)

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PAPER NO: 352/22/M02 – PATIENT CARE 1

**SECTION A: Answer ALL questions**

QUESTION 1

Draw well labelled diagrams of the femur and Humerus. (20 marks)

QUESTION 2

- a) List ten (10) factors affecting food choices. (5 marks)
- b) Outline functions of the following:
- i) Carbohydrates. (5 marks)
  - ii) Proteins (5 marks)
  - iii) Fats. (5 marks)

QUESTION 3

Describe how one would perform bedbath methodically. (20 marks)

**SECTION B: Choose two (2) questions**

QUESTION 4

Outline the prevention of Malaria in the community. (20 marks)

QUESTION 5

Explain effects of culture on health and transmission of HIV and AIDS and gender and sex. (20 marks)

QUESTION 6

- a) Outline any five (5) conditions necessary for the survival of micro organisms. (10 marks)
- b) Describe any five (5) non specific defence mechanisms of the body. (10 marks)

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**NATIONAL CERTIFICATE**

**IN**

**NURSING ASSISTANT**

**MODULE: Patient Caring 1**

**PAPER NO: 352/22/MO2**

**DURATION: 3 Hours**

**JUNE 2023 EXAMINATION**

**REQUIREMENTS**

**INSTRUCTIONS TO CANDIDATE**

**SECTION A: Answer all questions.**

**SECTION B: Answer any three (3) questions.**

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*This paper consists of 3 printed pages.*

**SECTION A**

**Answer all questions.**

**QUESTION 1**

a) Define the following terms:

- |                  |           |
|------------------|-----------|
| i) Anatomy       | (1 marks) |
| ii) Physiology   | (1 marks) |
| iii) Homeostasis | (1 marks) |
| iv) Cells        | (1 marks) |
| v) Tissues       | (1 marks) |

**QUESTION 2**

Name 10 systems of the body. (5 marks)

**QUESTION 3**

a) Describe the role of the nurse to the following:

- |                           |           |
|---------------------------|-----------|
| i) Community              | (5 marks) |
| ii) Patient               | (5 marks) |
| iii) Medical practitioner | (5 marks) |
| iv) To the employer       | (5 marks) |

**QUESTION 4**

Give 5 reasons why we learn psychology in nursing. (5 marks)

**QUESTION 5**

State 5 causes of food contamination. (5 marks)

**SECTION B**

**Answer any three (3) questions.**

**QUESTION 6**

Describe how one would perform bed bath methodically. (20 marks)

**QUESTION 7**

Explain the effects of culture on health and transmission of HIV/ AIDS gender and sex. (20 marks)

**QUESTION 8**

- a) Outline the conditions necessary for the survival of micro-organisms. (10 marks)
- b. Describe 5 non- specific defence mechanisms of the body. (10 marks)

**QUESTION 9**

Draw a well labelled diagram of the human cell and state its functions. (20 marks)

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**NATIONAL CERTIFICATE**

**IN**

**NURSING ASSISTANT**

**MODULE: Communication and Computer      PAPER NO: 448/22/M02**  
**Packages**

**DURATION: 3 Hours**

**JUNE 2023 EXAMINATION**

**REQUIREMENTS**

**INSTRUCTIONS TO CANDIDATE**

- 1. Answer All question in Section A.**
- 2. Answer All questions in Section B.**

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*This paper consists of 3 printed pages.*

**SECTION A      Answer ALL questions.**

QUESTION 1

Define the following terms:-

- (a) Communication
  - (b) TDS
  - (c) BD
  - (d) Nocte
  - (e) Aqua
  - (f) Prn
  - (g) Pv
  - (h) Po
  - (i) Cras mane
  - (j) aa
- (10 marks)

QUESTION 2

Give 10 reasons why people should communicate. (10 marks)

QUESTION 3

Highlight the advantages and disadvantages of the following types of communication

- (a) Verbal communication (5 marks)
- (b) Written communication (5 marks)

QUESTION 4

State and explain five (5) barriers of communication. (20 marks)

QUESTION 5

Describe key messages for effective interpersonal communication. (10 marks)

QUESTION 6

Outline five (5) advantages of verbal communication. (10 marks)

QUESTION 7

State five (5) uses of a telephone in hospital. (5 marks)

QUESTION 8

Give five (5) factors that influence communication. (5 marks)

**SECTION B      Answer All questions.**

**QUESTION 8**

- (a) Justify the most appropriate Microsoft office package to carry out on each of the following tasks:-
- (i) Application letter for a job
  - (ii) Personal budget showing income and expenditure
  - (iii) A birthday card
  - (iv) A presentation on Covid -10 for a conference
  - (v) Details for all customers for pharmacy (10 marks)
- (b) Define the term ethics. (2 marks)
- (c) Explain the following ethical issues in relevance to a pharmacy
- (i) Software licence (2 marks)
  - (ii) Hacking (2 marks)
  - (iii) Data protection (2 marks)
  - (iv) Copyright (2 marks)

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**NATIONAL CERTIFICATE**

**IN**

**NURSING ASSISTANT**

**MODULE: Patient Care II**

**PAPER NO: 352/22/M03**

**DURATION: 3 hours**

**OCTOBER/NOVEMBER 2024 EXAMINATION**

**REQUIREMENTS**

**INSTRUCTIONS TO CANDIDATE**

1. Answer any five (5) questions.
2. Do not write your name on answer sheets.
3. Do not write in the margins.

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*This paper consists of 3 printed pages.*

PAPER NO: 352/22/M03 - PATIENT CARE II

QUESTION 1

- a) Describe the three (3) stages of rigor following entry of microorganisms into the body. (15 marks)
- b) Give the nursing management of each stage. (5 marks)

QUESTION 2

Enumerate ten (10) complications of a prolonged bed rest and how they can be prevented. (10 marks)

QUESTION 3

List twenty (20) abbreviations used in pharmacology. (20 marks)

QUESTION 4

Define the following terms:

- a) Hospice care. (2 marks)
- b) Outline how you would manage any two common symptoms of a dying patient. (4 marks)
- c) Compare and contrast palliative care and hospice care. (6 marks)
- d) Describe any four (4) symptoms of impending death. (8 marks)

QUESTION 5

Describe how you would examine the following body parts:

- a) Breast (5 marks)
- b) Genitalia (5 marks)
- c) Head (5 marks)
- d) Mouth (5 marks)

PAPER NO: 352/22/M03 – PATIENT CARE II

QUESTION 6

- a) Describe the sources of drugs and give an example of each. (10 marks)
- b) Give then (10) ways in which drugs are administered to patients. (10 marks)

QUESTION 7

- a) Explain how you would check blood pressure. (10 marks)
- b) Give the normal ranges of the following vital observations:
- |                   |           |
|-------------------|-----------|
| i) Blood pressure | (2 marks) |
| ii) Temperature   | (2 marks) |
| iii) Respirations | (2 marks) |
| iv) Pulse         | (2 marks) |
- c) Define hypothermia. (2 marks)

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- 1)  
2)  
3)



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**NATIONAL CERTIFICATE**

**IN**

**NURSING ASSISTANT**

**MODULE: Maternal Child Health**

**PAPER NO: 352/22/M04**

**DURATION: 3 Hours**

**MAY/JUNE 2024 EXAMINATION**

**REQUIREMENTS**

**INSTRUCTIONS TO CANDIDATE**

- 1) **Answer any five (5) questions.**
- 2) **Do not write anything on the question paper.**
- 3) **Do not write your name on the answer booklet.**

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***This paper consists of 3 printed pages.***

QUESTION 1

- a) State four (4) bones of the pelvis. (4 marks)
- b) State four (4) joints of the pelvis. (4 marks)
- c) Describe any six (6) aims of antenatal visit. (12 marks)

QUESTION 2

Describe the functions of the placenta under the following headings:

- a) Perspiration (5 marks)
- b) Nutrition (5 marks)
- c) Storage (5 marks)
- d) Protection (5 marks)

QUESTION 3

Write notes on:

- a) Amniotic fluid (10 marks)
- b) Umbilical cord (10 marks)

QUESTION 4

Describe the partogram (20 marks)

QUESTION 5

- a) State any five (5) reasons that can lead you to refer a patient during:
  - i) Antenatal period (5 marks)
  - ii) During labour (5 marks)
  - iii) Post natal period (5 marks)
- b) State any five (5) causes of obstructed labour. (5 marks)

PAPER NO: 352/22/M04-MATERNAL CHILD HEALTH

QUESTION 6

Describe the breastfeeding procedure for the mother.

(20 marks)

QUESTION 7

Write notes on emergency contraception method.

(20 marks)

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**NATIONAL CERTIFICATE**

**IN**

**NURSING ASSISTANT**

**MODULE: Infection Control**

**PAPER NO: 352/22/M01**

**DURATION: 3 Hours**

**OCTOBER/ NOVEMBER 2024 EXAMINATION**

**REQUIREMENTS**

**INSTRUCTIONS TO CANDIDATE**

1. Answer any five (5) questions.
2. Do not write your name on the Answer Script.
3. Do not write in the margin.

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PAPER NO: 352/22/M01 – INFECTION CONTROL

QUESTION 1

- a) Describe the life cycle of Schistosomiasis (Bilharzia). (10 marks)
- b) Enumerate measures that can be put in place to prevent and control Schistosomiasis in the community. (10 marks)

QUESTION 2

- a) Define the following terms:
- i) Infection control (2 marks)
  - ii) Pathogenic organism (2 marks)
  - iii) Tuberculosis (2 marks)
  - iv) Sterilisation (2 marks)
  - v) Disinfection (2 marks)
- b) Indicate patients who are at risk of contracting nosocomial infections. (10 marks)

QUESTION 3

Cholera is one of the infectious diseases is found in the Tropical regions.

- a) Articulate measures that can be instituted to prevent and control the spread of disease in the community. (15 marks)
- b) What are the specific clinical signs and symptoms of Cholera. (5 marks)

QUESTION 4

Describe the prevention and control of infection under the following headings:

- a) Use of antibiotics (5 marks)
- b) Sterilisation (5 marks)
- c) Use of Antispetics (5 marks)
- d) Good personal hygiene (5 marks)

QUESTION 5

Outline the procedure to be followed following a needle prick. (20 marks)

QUESTION 6

As a nurse working in a hospital how do the following hospital policies help in the prevention and control of infection.

- a) Admission policy (5 marks)
- b) Antibiotic Policy (5 marks)
- c) Visitors policy (5 marks)
- d) Linen policy (5 marks)

QUESTION 7

Malaria is tropical infection that is common in some parts of Zimbabwe.

- a) What is the causative organism. (2 marks)
- b) Enumerate clinical manifestation of malaria. (8 marks)
- c) Identify measures that can be put in place to control the spread of Malaria in the community. (10 marks)

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**NATIONAL CERTIFICATE**

**IN**

**NURSING ASSISTANT**

**MODULE: Maternal and Child Health**

**PAPER NO: 352/22/M04**

**DURATION: 3 hours**

**OCTOBER/NOVEMBER 2024 EXAMINATION**

**REQUIREMENTS**

**INSTRUCTIONS TO CANDIDATE**

1. Answer any five (5) questions.
2. Do not write your name on the answer sheet.
3. Do not write on the margin.

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PAPER NO: 352/22/M04 – MATERNAL AND CHILD HEALTH

QUESTION 1

Describe the foetal circulation.

(20 marks)

QUESTION 2

A pregnant woman reports at your clinic on 01-07-23 for initial booking Her LNMP is 01-05-23

- a) Calculate the expected date of delivery (EDD). (2 marks)
- b) Calculate the gestational age in weeks. (3 marks)
- c) State any five (5) signs and symptoms of pregnancy. (5 marks)
- d) State any five (5) laboratory investigations that are carried out on initial booking. (5 marks)
- e) State any five (5) discomforts that may occur in pregnancy. (5 marks)

QUESTION 3

- a) Define labour. (1 mark)
- b) State the four (4) factors that interact during normal child birth. (4 marks)
- c) State any seven (7) signs of true labour. (7 marks)
- d) State any three (3) signs of false labour. (3 marks)
- e) State the interventions that you may implement to a mother who reports with premature rupture of membranes. (5 marks)

QUESTION 4

Describe management of the following post-partum discomfort.

- a) After birth pains (5 marks)
- b) Perineal discomforts (5 marks)
- c) Episiotomy (5 marks)
- d) Breasts discomfort (5 marks)

PAPER NO: 352/22/M04 - MATERNAL AND CHILD HEALTH

QUESTION 5

Describe the breastfeeding procedure.

(20 marks)

QUESTION 6

a) State any five (5) predisposing factors of postpartum haemorrhage. (5 marks)

c) State any five vaccines given to the under fives. (5 marks)

QUESTION 7

Describe the advantages of family planning under the following headings:

a) Mother (5 marks)

b) Child (5 marks)

c) Father (5 marks)

d) Nation (5 marks)