



ZIMBABWE

**MINISTRY OF HIGHER AND TERTIARY EDUCATION,
INNOVATION, SCIENCE AND TECHNOLOGY DEVELOPMENT**

**HIGHER EDUCATION EXAMINATIONS COUNCIL
(HEXCO)**

NATIONAL DIPLOMA

IN

CHILD AND ADOLESCENT MENTAL HEALTHY

MODULE: Advocacy And Awareness

PAPER NO: 673/24/M08

DURATION: 3 Hours

JUNE 2026 EXAMINATION

REQUIREMENTS

INSTRUCTIONS TO CANDIDATE

1. Answer any four (4) questions.
2. Each question carries 25 marks.
3. Begin your answer on fresh page.

This paper consists of 2 printed pages.

PAPER NO: 673/24/M08- ADVOCACY AND AWARENESS

QUESTION 1

Examine any five (5) key issues that must be considered when planning an awareness campaign. (25 marks)

QUESTION 2

Explain any five (5) media platforms that can be used in advocating against stigma and discrimination. (25 marks)

QUESTION 3

Elaborate on the role of advocacy in mental health. (25 marks)

QUESTION 4

Evaluate any five (5) factors that can contribute to low healthy seeking behaviours amongst children and adolescents. (25 marks)

QUESTION 5

Articulate any five (5) importances of mental health awareness programs. (25 marks)

QUESTION 6

Elaborate any five (5) awareness programs that can be infiltrated to deal with child and adolescent. (25 marks)

QUESTION 7

Explore any five (5) essential components of an advocacy action plan. (25 marks)

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NATIONAL DIPLOMA

IN

CHILD AND ADOLESCENT MENTAL HEALTH

MODULE: Case Management

PAPER NO: 673/24/M06

DURATION: 3 Hours

JUNE 2026 EXAMINATION

REQUIREMENTS

INSTRUCTIONS TO CANDIDATE

1. Answer any four (4) questions.
2. Each question carries 25 marks.
3. Start each question on a fresh page.

PAPER NO: 673/24/M06 – CASE MANAGEMENT

QUESTION 1

Examine any five (5) roles of a counsellor in case management. (25 marks)

QUESTION 2

Elaborate any five (5) importance of rapport building in the counselling relationship. (25 marks)

QUESTION 3

“Active listening is of paramount importance in counselling: Discuss. (25 marks)

QUESTION 4

Explore any five (5) conditions that require referral for children and adolescents in case management. (25 marks)

QUESTION 5

Assess any five (5) key elements involved in community mapping. (25 marks)

QUESTION 6

Explore any five (5) steps in the case management process. (25 marks)

QUESTION 7

Examine any five (5) reasons for termination of counselling services. (25 marks)

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IN

CHILD AND ADOLESCENCE MENTAL HEALTH

MODULE: Records Management

PAPER NO: 673/24/M09

DURATION: 3 Hours

JUNE 2026 EXAMINATION

REQUIREMENTS

INSTRUCTIONS TO CANDIDATE

1. Answer any four (4) questions.
2. Each question carries 25 marks.
3. Begin your answer on afresh page.

This paper consists of 2 printed pages.

PAPER NO: 673/24/M09 – RECORDS MANAGEMENT

QUESTION 1

Explore any five (5) key steps taken in records disposal. (25 marks)

QUESTION 2

Discuss any five (5) key elements of quality data in health records. (25 marks)

QUESTION 3

Analyse any five (5) roles of Standard Operations Procedure (SOPs) in recording data within mental health practice. (25 marks)

QUESTION 4

Explore any five (5) administrative tasks that can be carried out by a counsellor at a mental health practice. (25 marks)

QUESTION 5

Elaborate any five (5) benefits of effective records management in mental health practice. (25 marks)

QUESTION 6

Evaluate any five (5) ways a counsellor can maintain confidentiality of children and adolescence records. (25 marks)

QUESTION 7

Discuss any five (5) consequences of incomplete client's data in records management. (25 marks)

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IN

CHILD AND ADOLESCENTS MENTAL HEALTH

MODULE: Mental Health Conditions

PAPER NO: 673/24/M02

DURATION: 3 Hours

NOVEMBER/ DECEMBER 2025 EXAMINATION

REQUIREMENTS

INSTRUCTIONS TO CANDIDATE

1. Answer any four (4) questions.
2. Each question carries twenty- five (25) marks.
3. Begin your answer on a fresh page.

This paper consists of 2 printed pages.

QUESTION 1

Discuss any five (5) challenges factors that can contribute to suicidal ideation in children and adolescents. (25 marks)

QUESTION 2

Elaborate any five (5) coping strategies that mental health practitioners can recommend to children and adolescents dealing with bereavement. (25 marks)

QUESTION 3

Examine any five (5) social factors that contribute to poor mental health. (25 marks)

QUESTION 4

Explain any five (5) effects of trauma on children and adolescents. (25 marks)

QUESTION 5

Assess any five (5) major symptoms of psychosis. (25 marks)

QUESTION 6

Analyse any five (5) self help tips that a mental health practitioner may recommend patients to reduce symptoms of depression. (25 marks)

QUESTION 7

Explain any five (5) potential causes of anxiety in children and adolescents. (25 marks)

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IN

CHILD AND ADOLESCENTS MENTAL HEALTH

MODULE: Evidence-Based Interventions

PAPER NO: 673/24/M05

DURATION: 3 hours

NOVEMBER/DECEMBER 2025 EXAMINATION

REQUIREMENTS

INSTRUCTIONS TO CANDIDATE

1. Answer any four (4) questions.
2. Each question carries 25 marks.
3. Begin your answer on a fresh page.

This paper consists of 2 printed page.

QUESTION 1

Discuss any five (5) factors a child and adolescent mental health practitioner should consider in the choice of a relevant intervention. (25 marks)

QUESTION 2

Discuss any five (5) positive implications of feedback in child and adolescent mental health care. (25 marks)

QUESTION 3

Examine any five (5) types of schizophrenia. (25 marks)

QUESTION 4

Explain any five (5) advantages of Community-Based Interventions in child and adolescent mental health care. (25 marks)

QUESTION 5

Discuss five (5) key steps for conducting Evidence-Based Psycho-social Therapies in child and adolescent mental health care. (25 marks)

QUESTION 6

Evaluate any five (5) ways to consider when conducting Evidence-Based Therapy in child and adolescent mental health care. (25 marks)

QUESTION 7

Analyse the relevance of cultural sensitivity to child and adolescent mental health care. (25 marks)



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IN

CHILD AND ADOLESCENTS MENTAL HEALTH

MODULE: Ethics in Mental Health Practice PAPER NO: 673/24/M03

DURATION: 4 Hours

NOVEMBER/DECEMBER 2025 EXAMINATION

REQUIREMENTS

INSTRUCTIONS TO CANDIDATE

- 1) Answer any four (4) questions.
- 2) Each question carries 25 marks.
- 3) Begin your answer on a fresh page

This paper consists of 2 printed pages.

QUESTION 1

Examine any five (5) factors to consider when evaluating ethical principles in child and adolescents mental health practice. (25 marks)

QUESTION 2

Elaborate any five (5) consequences of overlooking cultural sensitivity in ethical decision making in child and adolescents mental health practice. (25 marks)

QUESTION 3

Discuss any five (5) ethical principles in child and adolescents mental health practice. (25 marks)

QUESTION 4

"Confidentiality is the cornerstone of child and adolescents mental health practice". Discuss. (25 marks)

QUESTION 5

Examine any five (5) critical variables to consider in obtaining consent in child and adolescents mental health practice. (25 marks)

QUESTION 7

Explain any five (5) ways of resolving ethical dilemmas in child and adolescents mental health practice. (25 marks)

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IN

CHILD AND ADOLESCENTS MENTAL HEALTH

MODULE: Mental Health Promotion

PAPER NO: 673/24/M01

DURATION: 3 Hours

NOVEMBER/ DECEMBER 2025 EXAMINATION

REQUIREMENTS

INSTRUCTIONS TO CANDIDATES

1. Answer any four questions.
2. Each question carries 25 marks.
3. Begin your answer on a fresh page.

This paper consists of 2 printed pages.

QUESTION 1

Explain any five (5) determinants of child and adolescents' development.
(25 marks)

QUESTION 2

Discuss any five (5) strategies used by mental health practitioner to promote youth mental health.
(25 marks)

QUESTION 3

Examine any five (5) approaches to stress reduction.
(25 marks)

QUESTION 4

Discuss the role of technology in enhancing mental healthcare.
(25 marks)

QUESTION 5

Analyse the significance of a communication plan when engaging with stakeholders in mental health promotion.
(25 marks)

QUESTION 6

Describe any five (5) key steps in designing effective mental promotion campaign
(20 marks)

QUESTION 7

Elaborate any five (5) ways that can be used by a mental health practitioner to identify mental needs of a target population.
(25 marks)

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